

Discharge Client

Elaine Great

Reference Id: G

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Personal circumstances

Current Score : B
 Score on assessment : B
 Highest Score : A

Accommodation

Housing - homeless Assign

The client has nowhere to live; someone is not homeless if they are in temporary accommodation

Housing - temporary accommodation Assign

The client is living in temporary accommodation, this includes hostel accommodation, sofa surfing, or short-term arrangements outside the family

Housing - unsuitable housing Assign

The client feels they are living in unsuitable accommodation, this might be because it is unsafe, unsanitary, overcrowded, in disrepair or at risk of domestic abuse.

Domestic abuse

Disclosed domestic violence and abuse Resolve

Client who self-reports that they are or have been subject to domestic violence and abuse, including physical, mental and emotional abuse.

Environment

Outdoor spaces Assign

The client reports that they have not taken a visit to the natural environment for health or exercise over the previous seven days

Noise Assign

The client reports that excessive noise is having an adverse effect on their health. 'Noise' includes environmental, neighbour, and neighbourhood

Environment - Community safety Assign

The client reports that they do not feel safe in their own home or their community

Family

Caring responsibilities - lack of access to replacement or respite care Assign

Client who is a carer and the cost of replacement or respite care exceeds the financial benefit of working and/or training

Financial hardship

Financial hardship Resolve

Client who self-discloses that they have unmanaged debt, rent arrears, or low income

Safeguarding

Vulnerable adult Assign

The client meets the criteria for a vulnerable adult

Social isolation

Social isolation Assign

The client has no support from partner, family, or friend

Behaviour

Current Score : C
 Score on assessment : C
 Highest Score : B

Alcohol

Alcohol Assign

The client is drinking more than the recommended units of alcohol per week on average: 14 units for both women and men, 4 units for pregnant women

Exercise

Physically inactive Assign

The client is doing less than 30 minutes of moderately intense physical activity per week in bouts of 10 minutes or more

Moderately physically active Assign

The client is doing more than 30 minutes but less than 150 minutes of moderate intensity physical activity per week

Independence

Poor management of long term conditions Assign

The client feels unsupported or has had 2 or more unplanned admissions to hospital due to LTC

Risk of falls Resolve

Two or more falls risk factors are present

Requires help with control over daily life Assign

The client reports that they have some control over their daily lives but not enough

Not had sight test Resolve

Adults who have not had eye test in last 2 years or 1 year for over 70s

Lack of Skills and Access to IT Assign

Adults who lack the confidence and access to use the internet

Smoking

Smoking Assign

The client smoked cigarettes in the last week, regardless of number per day

Substance misuse

Substance misuse Resolve

The client regularly uses intoxicants (excluding alcohol) to an extent where physical dependence or harm is a risk

Status

Current Score : D
 Score on assessment : D
 Highest Score : C

Health check

NHS Health Check Assign

The client is aged between 40 - 74 and has not received an NHS Health Check

High blood pressure Resolve

The client has a blood pressure reading over 140/90

Raised blood pressure Assign

The client has a blood pressure reading of between 120/80 and 140/90

Independence

Falls Assign

The client is assessed with mild to severe falls

Mental health

Low wellbeing Assign

The client has a low sense of wellbeing, as indicated by their result on either SWEMWBS, WEMWBS or the ONS Measuring National Well-being Programme

Weight

Obese Resolve

The client has a BMI over 30, with the exception of South Asian and Chinese clients where a BMI over 27.5 indicates obesity

Underweight Assign

Client has a BMI of 18 or less

Overweight Assign

The client has a BMI of 25-30, with the exception of South Asian and Chinese clients where a BMI of 23-27.5 indicates overweight