

Fred Green 

Discharge Client

Reference Id: 

Summary

Risk Map

Questions

Notes and Actions

Address

Demographic Info

Files

[Show Guidance](#)

Personal circumstances

Current Score : **0**
 Score on assessment : **0**
 Highest Score : **0**

Accommodation

Housing - homeless **Assign**
 UNASSIGNED

The client has nowhere to live, someone is not homeless if they are in temporary accommodation

Housing - temporary accommodation **Assign**
 UNASSIGNED

The client is living in temporary accommodation, this includes hostel accommodation, sofa surfing, or short-term arrangements outside the family

Housing - unsuitable housing **Resolve**
 ASSIGNED **Delete**

The client feels they are living in unsuitable accommodation, this might be because it is unsafe, unsuitable, overcrowded, in disrepair or at risk of domestic abuse.

Domestic abuse

Disclosed domestic violence and abuse **Assign**
 UNASSIGNED

Client who self-reports that they are or have been subject to domestic violence and abuse. Including physical, mental and emotional abuse.

Environment

Outdoor space **Assign**
 UNASSIGNED

The client reports that they have not taken a walk to the natural environment for health or exercise over the previous seven days

Financial hardship

Financial hardship **Resolve**
 ASSIGNED **Delete**

Client who self-discloses that they have unmanaged debt, rent arrears, or low income

Independence

Recent arrival to the UK **Assign**
 UNASSIGNED

Client has moved to the UK within the last 12 months

Safeguarding

Vulnerable adult **Assign**
 UNASSIGNED

The client meets the criteria for a vulnerable adult

Social isolation

Social isolation **Assign**
 UNASSIGNED

The client has no support from partner, family, or friend

Behaviour

Current Score : **1**
 Score on assessment : **1**
 Highest Score : **1**

Alcohol

Alcohol **Assign**
 UNASSIGNED

The client is drinking more than the recommended units of alcohol per week on average. 14 units for both women and men, 4 units for pregnant women

Exercise

Physically inactive **Assign**
 UNASSIGNED

The client is doing less than 30 minutes of moderately intense physical activity per week in bouts of 10 minutes or more

Moderately physically active **Assign**
 UNASSIGNED

The client is doing more than 30 minutes but less than 150 minutes of moderate intensity physical activity per week

Independence

Floor management of long term conditions **Assign**
 UNASSIGNED

The client feels unsupported or has had 2 or more unplanned admissions to hospital due to LTC

Not had sight test **Assign**
 UNASSIGNED

Adults who have not had eye test in last 2 years or 1 year for over 70s

Nutrition

Significant fried and processed food **Resolve**
 ASSIGNED **Delete**

The client reports that fried and processed food formed a significant part of their diet in the last week

Excessive sugar **Assign**
 UNASSIGNED

The client reports they have consumed in excess of the recommended daily intake of sugar, on average, in the last week

Very low fruit and veg **Assign**
 UNASSIGNED

The client reports that yesterday they consumed 0-2 portions of fruit or vegetables

Low fruit and veg **Assign**
 UNASSIGNED

The client reports that yesterday they consumed 3-4 portions of fruit or vegetables

Smoking

Smoking **Assign**
 UNASSIGNED

The client smoked cigarettes in the last week, regardless of number per day

Substance misuse

Substance misuse **Assign**
 UNASSIGNED

The client regularly uses intoxicants (excluding alcohol) to an extent where physical dependence or harm is a risk

Status

Current Score : **2**
 Score on assessment : **2**
 Highest Score : **2**

Health check

Blood Sugar Levels **Assign**
 UNASSIGNED

The client has an above average HbA1c measurement. Above 41 mmol/mol for non-diabetics or above 48 mmol/mol for people with diabetes

Pre-diabetic **Assign**
 UNASSIGNED

The client has been identified as being pre-diabetic, as they have glucose tolerance level of 7-9 after food

NHS Health Check **Assign**
 UNASSIGNED

The client is aged between 40 - 74 and has not received an NHS Health Check

High blood pressure **Resolve**
 ASSIGNED **Delete**

The client has a blood pressure reading over 140/90

Raised blood pressure **Assign**
 UNASSIGNED

The client has a blood pressure reading of between 120/80 and 140/90

Independence

Care plan **Assign**
 UNASSIGNED

Clients with a completed and up-to-date personalised care plan

Mental health

Stress and Anxiety **Assign**
 UNASSIGNED

The client reports excessive worry about a number of different events associated with heightened tension. These have been present for at least 6 months and have significant impact on their lives

Low wellbeing **Assign**
 UNASSIGNED

The client has a low sense of wellbeing, as indicated by their result on either SWEMWISS, WELMWS or the ONS Measuring National Well-being Programme

Weight

Obese **Assign**
 UNASSIGNED

The client has a BMI over 30, with the exception of South Asian and Chinese clients where a BMI over 27.5 indicates obesity

Overweight **Assign**
 UNASSIGNED

The client has a BMI of 25-30, with the exception of South Asian and Chinese clients where a BMI of 23-27.5 indicates overweight