

# Domestic Abuse Data Dictionary

#### Introduction

#### What is the Domestic Abuse dictionary?

In November 2008, Professor Sir Michael Marmot was asked by the then Secretary of State for Health to chair an independent review to propose the most effective evidence-based strategies for reducing health inequalities in England from 2010.

The review produced the report <u>'Fair Society, Healthy Lives'</u> which proposed a cradle-to-grave approach to reduce inequalities, commonly referred to as the Life Course Framework. This broke down people's lives into a number of different life phases.

It concluded that, to have a significant impact on health inequalities, action needs to be taken on six policy objectives. These policy objectives are listed below against their applicable life phase and focus area:

Policy Objective:	Life Phase:	Focus Area:
Give every child the best start in life.	Starting Well	Pre-Natal - Pre-School
Enable all children, young people and adults to maximise their capabilities and have control over their lives.	Developing Well	School
Create fair employment and good work for all.	Working Well	Training and Employment
Ensure a healthy standard of living for all.	Living Well	Family
Create and develop healthy and sustainable places and communities.	Living Well	Community
Strengthen the role and impact of ill health prevention.	Ageing Well	Retirement

The domestic abuse dictionary looks at the range of risks that people commonly present to services that support victims of domestic violence and abuse.

#### What is this data dictionary?

The measures defined in this dictionary work with a preventative model of support. One of the most effective methods of measurement, when delivering preventative services, is that of risk and protective factors. The removal of risks and the addition of protective factors provides a statistical basis for evidence of impact.

The definitions in this dictionary result from the analysis of the relevant national outcome frameworks, programmes and clinical guidelines. These have then been combined to form a single document listing all of the measures relevant to the Living Well life stage.

For each measure there is a definition (taken from one or more of the source documents), an explanation of why the measure is recorded, a description of the data that is collected and the survey point(s) at which the data is recorded. There is also a separate table showing which framework or policy records the measure.

The dictionary is separated into three areas of risk: Personal Circumstances, Lifestyle and Behaviour, and finally, Status.

**Personal Circumstances** - related to the factor(s) that are relevant to the support people need. Personal circumstances are non-clinical factors that are likely to have an adverse effect on health. Many of these types of risk are unchangeable or may take a long time to resolve.

For example: Social isolation is a personal circumstance. Being socially isolated can cause stress and anxiety, increased risk of misusing alcohol or substances, and increased visits to the GP or Accident and Emergency.

**Lifestyle and Behavioural factors -** something that increases the likelihood of a poor long-term health outcome. These will form the basis of the support provided and are able to be reduced with the right support and services. The removal of this type of risk can be achieved in a shorter period.

For example: smoking is a lifestyle and behavioural factor that increases the risk of heart, lung and respiratory disease.

**Status** - the result of a lifestyle and behavioural factor. The removal or reduction of these risks is likely to be a long-term outcome.

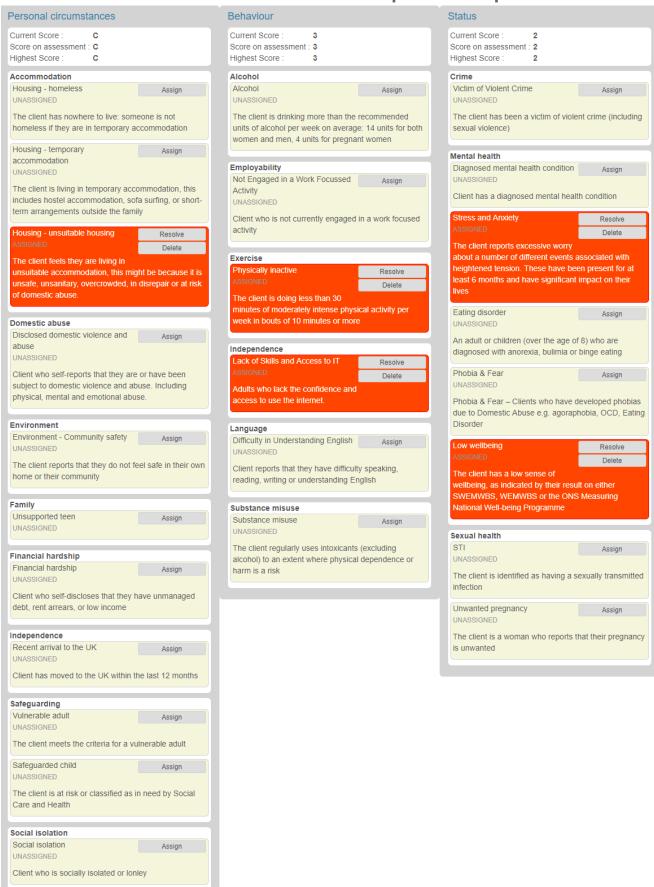
For example: A person who has been diagnosed as pre-diabetic as a result of poor lifestyle and behavioural factor(s) now has 'pre-diabetic' as a status, however the focus of support will be on the removal and reduction of the lifestyle and behaviour issues.

The data dictionary is a shared reference document that describes what should be recorded. This is because it is important that everybody who collects the data has the same understanding of what is being collected.

The measures to be recorded are taken from the following frameworks:

Organisation:	Framework Title:
National Institute for Health and Clinical Excellence	PH50: Domestic Violence CG110: Pregnancy & Complex Social Factors CG45: Antenatal and Postnatal Mental Health CG62: Antenatal Care for Uncomplicated Pregnancies CG9: Eating Disorders CG159: Social Anxiety
Department of Health	Improving Outcomes and Supporting Transparency
Department of Health	Healthy Child Programme: Pregnancy
Department of Health	Adult Social Care Outcome Framework
Department of Health	Improving Outcomes and Supporting Transparency
Department of Work and Pensions	CCG Improvement and Assessment Framework
Department of Health	A framework for sexual health improvement in England

## Domestic Abuse - Example Risk Map



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# **Personal Circumstances**

Personal circumstances are measures of socio-economic factors that are present in a person's life. These can be quite profound factors that are have an impact on a person's ability to manage health lifestyle choices or even to make changes that can change clinical factors.

Measure	Environment - Community Safety	
Definition:	<ol> <li>Adults who do not feel safe in their communities or hom</li> <li>People who do not feel very or fairly safe walking local area during the day.</li> <li>People who do not feel very or fairly safe walking local area after dark.</li> <li>People who do not feel very or fairly safe being a homes at night.</li> <li>People who do not feel as adequately safe/as sa like.</li> <li>People who do not feel safe at all.</li> </ol>	g alone in their g alone in their alone in their own
Reason for Collecting:	Perception of safety is an important factor in helping people, particularly older people to avoid social isolation, increase activity and maintain their independence.  This indicator will encourage good links between public health and other parts of local government (eg. the police) to encourage Health and Wellbeing Boards and public health professionals to consider perceptions of safety as key to improving health and well-being.	
Data Collected:	The numbers of adults who do not feel safe in their communities or homes	
Outcome Fram	ework:	Reference:
Adult Social Care	Outcome Framework	<u>4A</u>
Tackling Obesitie	s: Future Choices	<u>Reference</u>

Measure	Disclosed domestic violence and abuse
Definition	The cross-government definition of domestic violence and abuse is:
	any incident or pattern of incidents of controlling, coercive, threatening behaviour, violence or abuse between those aged 16 or over who are, or have been, intimate partners or family members regardless of gender or sexuality. The abuse can encompass, but is not limited to:
	<ul> <li>psychological</li> <li>physical</li> <li>sexual</li> <li>financial</li> <li>emotional</li> </ul>
	Where this is historic then it will be recorded if that abuse still affects the client's life presently.
Reason for collecting	People experiencing domestic violence and abuse may experience additional physical and mental health needs as a result of abuse. In addition, people may have additional support needs during their training and early employment.  Domestic violence and abuse are safeguarding issues where children are
	involved.
Data collected	Number of people who self-report that they are or have been subject to domestic violence and abuse.

Outcome Framework	Reference
NICE Guidance	PH50 CG110
Healthy Child Programme: Pregnancy and the First Five Years	<u> HCP – P17 HCP – P45</u>
Public Health Outcome Framework	<u>1.11</u>
Social Justice Outcome Framework	<u>KI-1</u>

Measure	Financial Hardship
Definition	The client reports that their household are on a low income (60% of average wages before housing costs) Indicators are:  1. The family cannot afford a number of food and clothing items 2. They claim Job Seekers Allowance, Employment Support Allowance or Income Support 3. They have required fuel costs that are above average or, were they to spend that amount, it would leave them with a residual income below the fuel poverty line. 4. They have unmanaged debt; this includes rent arrears
Reason for collecting	Clients may be perceived to be in a 'benefits trap' where they are unable to earn enough to equal or exceed their current rate of benefit.  Recent legislation has capped benefits resulting in increased need to obtain employment.  Many clients may find the cost of training and work-focused activity difficult to manage.
Data collected	Number of clients who self-disclose that they have unmanaged debt, rent arrears or low income.

Outcome Framework	Reference
Public Health Outcomes Framework	<u>1.1, 1.17</u>
Social Justice Outcomes Framework	<u>KI-4</u>
Healthy Child Programme	<u>HCP – P17</u>

Measure:	Housing - Homeless
Definition:	<ol> <li>You may be legally homeless if:</li> <li>You've no legal right to live in accommodation anywhere in the world.</li> <li>You can't get into your home - eg. your landlord has locked you out. It's not reasonable to stay in your home - eg. risk of violence or abuse.</li> <li>You're forced to live apart from your family or people you normally live with because there's no suitable accommodation for you.</li> <li>You're living in very poor conditions - eg. overcrowding.</li> <li>If you're legally homeless, your council must provide you with help - this could range from giving advice to arranging accommodation.</li> <li>The amount of help they give you will depend on things like:         <ul> <li>If you became homeless through no fault of your own</li> <li>If you're eligible for assistance</li> <li>If you're in priority need</li> </ul> </li> </ol>
Reason for Collecting:	Being homeless is an indication of social risk. This has implications for financial status.
Data Collected:	Number of people who are homeless and not living in temporary accommodation provided by their local authority.

Outcome Framework:	Reference:
Public Health Outcome Framework	<u>1.15i</u>
Social Justice Outcome Framework	<u>KI-1</u>

Measure:	Housing - Temporary Accommodation
Definition:	Temporary accommodation includes sofa-surfing, hostel accommodation and short-term arrangements as a non-dependent.
Reason for Collecting:	Living in temporary accommodation is an indication of social risk. It often leads to a period of financial crisis for someone as benefits will usually be delayed.
Data Collected:	Number of clients who are living in temporary accommodation as defined above.

Outcome Framework:	Reference:
Public Health Outcome Framework	<u>1.15ii</u>
Healthy Child Programme: Pregnancy and the First Five Years	<u> HCP - P17</u>
Social Justice Outcome Framework	<u>KI -1</u>

Measure:	Housing - Unsuitable Accommodation
Definition:	Accommodation is self-declared unsuitable by the client.
Reason for Collecting:	Unsuitable accommodation might include housing repairs or overcrowding. Typically, this will have an adverse effect on the client and the wider family's physical and mental health.
Data Collected:	Does the client feel that they are living in unsuitable accommodation? This might be because it is unsafe, unsanitary, overcrowded or in disrepair.

Outcome Framework:	Reference:
Public Health Outcome Framework	<u>1.15i</u>
Healthy Child Programme: Pregnancy and the First Five Year	<u> HCP – P17</u>
Social Justice Outcome Framework	<u>KI-1</u>

Measure	Recent Arrival to the UK
Definition	People who moved to the UK within the previous 12 months 1. Recent migrants 2. Asylum seekers 3. Refugees
Reason for collecting	People who are recent migrants, asylum seekers or refugees, or who have difficulty reading or speaking English, may not make full use of health and wellbeing services. This may be because of unfamiliarity with the health service, because they find it hard to communicate with healthcare staff or because their arrival status restricts that services they can access.
Data collected	Number of people who moved to the UK within the previous 12 months

Outcome Framework:	Reference:
NICE Guidance	CG110 PH38

Measure	Safeguarded Child
Definition	The family are known to social services and is considered to meet any of the following
	<ol> <li>Unborn child in need</li> <li>Unborn child at risk</li> <li>Either parent is a care leaver</li> <li>Parent assessed as 'Vulnerable Adult'</li> <li>Child attended hospital as a result of non-accidental injury</li> </ol>
Reason for collecting	Support workers have a key role of participating in the care plan. They will occasionally be an advocate and at other times be asked to make recommendations.
Data collected	Number of women living in families known to social services and where the unborn child is considered to be in need or at risk

Outcome Framework	Reference
NICE Guidance	CG110 1.17
Healthy Child Programme: Pregnancy and the First Five Years	<u>HCP – P16</u>
Public Health Outcome Framework	<u>2.7</u>

Measure:	Social Isolation - Loneliness
Definition:	An adult is considered to be socially isolated if they have no support from either a partner, family or a friend. The client reports that they do not have as much social contact as they would like.
Reason for Collecting:	Social isolation may be a trigger for mental ill-health problems, reduction in physical activity and the inability to access services.  Social isolation is all considered an indicator for higher risk of suicide.
Data Collected:	Number of adults who define themselves as socially isolated or lonely.

Outcome Framework:	Reference:
Public Health Outcome Framework	1.18
Adult Social Care Outcome Framework	<u>1L</u>
Preventing Suicide in England	Reference
WHO - Preventing Suicide - A Global Imperative	Reference

Measure	Unsupported Teen	
Definition:	Under 20 years at time of conception and is not supported by family	
Reason for Collecting:	Developing a clear and detailed map of existing services in the UK for pregnant women with complex social factors, and the effectiveness of these services, would enable a benchmark of good practice to be set that local providers could adapt to suit their own populations and resources.	
Data Collected:	The numbers of adults who meet the age criteria and cannot call on support of family of a wider social group.	
Outcome Framework Reference		Reference
NICE Guidance		CG110 CG62

Measure:	Vulnerable Adult	
Definition:	A "vulnerable adult" is aged 18 or over; receives care services because of a disability, age or illnesservices to take care of themselves or protect significant harm or exploitation.	ess; and who is/or may
	"A person lacks capacity in relation to a matter if is unable to make a decision for himself (in relation because of an impairment of, or disturbance in the mind or brain."  [Definition of a 'vulnerable adult' from the properties of the propertie	ion to the matter) he functioning of, the
Reason for Collecting:	in a minimum propriet and an promise mention of the minimum and a minimu	
	In addition, vulnerable people are at greater risk abuse and violence.	of being victims of
Data Collected:	Number of clients who meet the criteria for being	g a vulnerable adult.
Outcome Fram	ework:	Reference
Adult Social Care	Outcome Framework	<u>4B</u>

## **Behavioural Factors**

These are issues that increase the likelihood of a poor long-term health outcome. These will form the basis of the support provided and are able to be reduced with the right support and services. The removal of this type of risk can be achieved in a shorter period.

Measure:	Alcohol Misuse
Definition:	Clients who regularly exceed the advised maximum amount of alcohol. For both men and women: 2 - 3 units per day (guideline: <14 units per week)
Reason for Collecting:	Alcohol consumption is a contributing factor to hospital admissions and deaths from a diverse range of conditions. Alcohol can be a contributory factor to falls in older people. As the metabolic rate slows down with ageing the effect of alcohol is greater.
Data Collected:	The number of clients who regularly exceed the advised maximum amount of alcohol units per day.

Outcome Framework:	Reference:
NICE Guidance	CG110, CG45, CG100, PH24, CG127
Public Health Outcome Framework	<u>2.1, 2.15</u>
Social Justice Outcome Framework	<u>KI5</u>
Healthy Child Programme: Pregnancy and the First Five Years	HCP – P17 HCP – P45

Measure	Difficulty in Understanding English
Definition	Self-reported indicator whereby the client says they have difficulty with reading, writing or speaking English
Reason for collecting	Having a difficulty in understanding English can lead to social isolation and make it more difficult for a client to access services on their own.
Data collected	Number of people who self-report having difficulties with reading, writing or speaking English

Outcome Framework	Reference
NICE Guidance	<u>CG110</u> <u>CG62</u>
Healthy Child Programme: Pregnancy and the First Five Years	<u>HCP – P17</u>
BIS - Skills Funding Statement 2012 - 2015	Reference

Measure:	Lack of Skills and Access to IT
Definition:	Adults who lack the confidence and access to use the internet.
Reason for Collecting:	Being digitally capable can make a significant difference to individuals and organisations day to day. For individuals, this can mean cutting household bills, finding a job, or maintaining contact with distant friends and relatives.  Reducing digital exclusion can help address many wider equality, social, health and wellbeing issues such as isolation. 81% of people over 55 say being online makes them feel part of modern society and less lonely.
Data Collected:	Number of adults who lack the confidence and access to use the internet.

Outcome Framework:	Reference:
Digital Inclusion Strategy	Reference
Digital Inclusion for Health and Social Care	Reference

Measure	Not Engaged in a Work Focused Activity
Definition	Work focused activity can encompass a range of activities that help a client obtain or retain a work position. They include, but are not restricted to:
	<ul> <li>Skills development and training</li> <li>Work trials</li> <li>Volunteering</li> <li>Work placement</li> <li>Employability and Personal Development programmes</li> <li>English for Speakers of Other Languages (ESOL) programmes</li> <li>Non-accredited courses</li> </ul>
Reason for collecting	Clients who are not undertaking work focused activity are reducing their chances of obtaining or retaining employment
Data collected	Number of clients who are not currently engaged in a work focused activity

Outcome Framework	Reference
No Health Without Mental Health	Reference

Measure:	Physical Activity - Inactive
Definition:	Adults (16+) who do less than 30 "equivalent" minutes of moderate intensity physical activity per week in bouts of 10 minutes or more.  All adults should aim to be active daily. Over a week, activity should add up to at least 150 minutes (2½ hours) of moderate intensity activity in bouts of 10 minutes or more – one way to approach this is to do 30 minutes on at least 5 days a week.
Reason for Collecting:	Increasing physical activity has the potential to improve physical and mental health, reduce the risk of developing a life limiting illness and improve life expectancy
Data Collected:	Number of adults (16+) who do less than 30 "equivalent" minutes of moderate intensity physical activity per week in bouts of 10 minutes or more.

Outcome Framework:	Reference:
NICE Guidance	PH17 CG43
Public Health Outcome Framework	2.13
No Health Without Mental Health	Reference

Measure:	Substance Misuse
Definition:	Adults who regularly use recreational drugs, misuse over-the-counter medications, misuse prescription medications or misuse volatile substances (such as solvents or inhalants) to an extent whereby physical dependence or harm is a risk.
Reason for Collecting:	Individuals misusing substances pose significant risks in terms of overall health and well-being, reduced life expectancy, increased blood-borne virus transmission and reduced physical and psychological health.  Substance misuse can also be risk factor in increased suicide risk.
Data Collected:	Number of adults who report that they misuse substances.

Outcome Framework:	Reference:
NICE Guidance	<u>CG110, NG64</u>
Public Health Outcome Framework	<u>2.15</u>
Social Justice Outcome Framework	<u>KI-5</u>
Healthy Child Programme: Pregnancy and the First Five Years	<u>HCP – P17</u> <u>HCP – P45</u>
No Health Without Mental Health	Reference
Preventing Suicide in England	Reference

## **Status**

Status measures are generally more intractable issues such as clinical diagnosis or issues relating to skills and employment. These issues are likely to be heavily dependent on the resolution of things relating to healthy behaviours and socio-economic factors.

Measure	Diagnosed with a Mental Health Condition
Definition	People who have a diagnosed mental health condition
Reason for collecting	Diagnosed mental health conditions can pose a risk for physical health and well-being as well as being a potential safeguarding issue.
Data collected	Number of people with a diagnosed mental health condition

Outcome Framework	Reference
NICE Guidance	CG45 1.1.1.1
Healthy Child Programme: Pregnancy and the First Five Years	<u> HCP – P17</u>

Measure:	Low Reported Wellbeing
Definition:	<ol> <li>Scoring 40 or less on the Warwick-Edinburgh Mental Well-being Scale.</li> <li>Scoring 16 or less on the Short Warwick-Edinburgh Mental Well-being Scale</li> <li>Low sense of Wellbeing.</li> <li>ONS Measuring National Well-being Programme.</li> </ol>
Reason for Collecting:	Low sense of wellbeing is an indicator of social risk.
Data Collected:	<ol> <li>Number of adults scoring 40 or less on the Warwick-Edinburgh Mental Well-being Scale.</li> <li>Number of people scoring 16 or less on the Short Warwick- Edinburgh Mental Well-being Scale</li> <li>Number of adults scoring 4 measures on ONS programme.</li> <li>Self-reported stress.</li> </ol>

Outcome Framework:	Reference:
Public Health Outcome Framework	2.23 2.24
Healthy Child Programme: Pregnancy and the First Five Years	<u> HCP – P17</u>
No Health Without Mental Health	Reference

Measure:	Stress and Anxiety
Definition:	General Anxiety Disorder can cause a change in behaviour and the way people think and feel about things, resulting in symptoms such as:  • Restlessness • A Sense of Dread • Feeling Constantly "On Edge" • Difficulty Concentrating • Irritability
Reason for Collecting:	Symptoms may cause withdrawal from social contact (seeing family and friends) to avoid feelings of worry and dread, and/or the inability to attend work. These actions can cause worry and increase a lack of self-esteem.
Data Collected:	Number of clients who report symptoms of general anxiety disorder.

Outcome Framework:	Reference:
NICE Guidance	CG45
Healthy Child Programme: Pregnancy and the First Five Years	<u> HCP – P17</u>

Measure:	Eating Disorder
Definition:	People who are diagnosed with either:  • Anorexia: a condition in where someone refuses to eat adequate calories out of an intense and irrational fear of becoming fat.  • Bulimia: a condition in where someone grossly overeats (binging) and then purges the food by vomiting or using laxatives to prevent weight gain.  • Binge eating: a condition in where someone may gorge rapidly on food, but without purging.
Reason for Collecting:	The impact of a person's eating disorder on home and family life is often considerable, and family members may carry a heavy burden over a long period of time.
Data Collected:	The number people who are diagnosed with either; anorexia, bulimia or binge eating.

Outcome Framework:	Reference:
Healthy Child Programme: Pregnancy and the First Five Years	HCP - P50 HCP - P54
NICE Guidance	NG69
No Health Without Mental Health: Delivering Better Mental Health Outcomes For People Of All Ages	Reference

Measure:	Phobia and Fear
Definition:	Phobia & Fear – Clients who have developed phobias due to Domestic Abuse e.g. agoraphobia, OCD, Eating Disorder
Reason for Collecting:	There is evidence that clients develop or exacerbate existing phobias or anxiety disorders as a result of domestic abuse and violence.
Data Collected:	The number people who are diagnosed with a social anxiety disorder

Outcome Framework:	Reference:
NICE Guidance	CG159

Measure:	Sexual Health - Unwanted Pregnancy
Definition:	Unwanted pregnancy.
Reason for Collecting:	Up to 50% of pregnancies are unplanned; these have a major impact on individuals, families and wider society.
Data Collected:	Number of clients who report that their pregnancy is unwanted.

Outcome Framework:	Reference:
NICE Guidance	<u>CG110</u>
A Framework for Sexual Health Improvement in England	FSHE - P33

Measure:	Sexually Transmitted Infections (STI)
Definition:	A bacterial or viral infection acquired through sexual activity.
Reason for Collecting:	STI management and control protects patients from re-infection and long-term consequences of an untreated infection and protects the wider community from onward transmissions.
Data Collected:	The number of people who have a bacterial or viral infection acquired through sexual activity

Outcome Framework:	Reference:
Public Health Outcome Framework	3.02.ii
A Framework for Sexual Health in England	FHSE - P28

	Measure:	Victim of Violent Crime
	Definition:	The client has been a victim of violent crime. This indicator includes sexual violence and abuse as a child. This indicator also includes victims of torture.
	Reason for Collecting:	Public health services have an important role to play in tackling violence. Directors of Public Health, located within local authorities, will be tasked with looking widely at issues including crime reduction, violence prevention, responses to violence and reducing levels of reoffending, which can also prevent health inequalities.
		Violence and abuse can lead to a number of psychological problems associated with heightened suicide risk.
	Data Collected:	Number of clients that state they have been a victim of violent crime, sexual violence or abuse as a child.

Outcome Framework:	Reference:
Public Health Outcome Framework	<u>1.2ii</u>
Preventing Suicide	Reference

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